

# JANUARY 2025 NEWSLETTER

December 2024 marked a significant end to the year for The Peel Project, filled with impactful outcomes and vibrant activities. From the continued success of our fledgling food bank to the Healthy Holidays Activities and Food Programme, the kids' Jiu-Jitsu awards ceremony, and Yorkshire Ambulance First Aid workshop for women, we've closed the year on a high note. Dive into this month's newsletter to explore the highlights and the difference we're making together.

Our Managing Director, Jamal Choudhury, was invited to be a panellist at Building National Resilience After the Riots Event held at Parliament



"Grassroots groups like The Peel Project, with lived experience and deep community trust, are essential to breaking barriers and driving meaningful change. Sustained funding and support are critical for this work."

The event brought together leading policymakers, civil society leaders, and community organisations to discuss tackling division and strengthening national resilience following the August riots. Jamal highlighted Hull's unique challenges and emphasised the vital role grassroots organisations play in fostering community cohesion.

This reflects The Peel Project's impact at both local and national levels, working to shape policies and ensure underserved communities are heard.

To get involved or learn more, contact us at [enquiries@thepeelproject.org.uk](mailto:enquiries@thepeelproject.org.uk).

# THE PEEL PROJECT FOOD BANK: SUPPORTING HULL'S COMMUNITIES WITH DIGNITY AND CARE

In November, The Peel Project launched a vital new initiative: a culturally sensitive food bank designed to meet the unique needs of Hull's diverse communities. Since November, our food bank has been making a difference in the lives of local families, particularly those from BAME and Muslim backgrounds, who often struggle to find halal and culturally appropriate food in traditional food bank services.



Increasingly Muslims that are reliant on foodbanks have faced challenges in accessing food that aligns with their dietary and cultural needs. Hull's foodbank supply chain has long had a gap in halal and ethnic food provisions—a gap that leaves many families feeling excluded.

With support from our partner CK Foods (Processing) Ltd., who donate fresh and staple items, and funding from Hull City Council's Household Support Fund, we've been able to establish this much-needed service. Families can now access a variety of food items, including halal meat, vegetables, fruit, and cooking essentials, all for just £3.00.

To make the food bank sustainable and expand its reach, we need your help. Whether it's donating funds and food or even placing a food donation bin in your business, every contribution matters.



# CHILDRENS JIU JITSU ANNUAL AWARDS CEREMONY 2024

It was an evening of celebration and recognition last weekend as we recognised the progression & achievements made by children over the past 12 months in front of their family, our partners and local councillors.



This year, 136 children participated in our free BJJ sessions, and 12 children proudly represented us at national tournaments—a testament to their dedication and the impact of these programmes.

With exciting awards categories such as "grappler of the year", "most improved fighter", "respect champion" and much more it was a moment to come together, look back and congratulate the positive outcomes and impact of our #bjj programme.

There has been many individual highlights over the year and as well as certificates being awarded - 3 children were graded and received their stripes and belts, whilst the 7 children who won gold, silver and bronze medals earlier this year at a national tournament had an overdue homecoming.

An amazing way to wrap up 2024 and raise aspirations for another year of positive outcomes and impacts on children and young people's physical and mental wellbeing.

The Peel Project was set up for exactly these reasons to address the lack of year round place based youth programmes taking place locally, through the hard work of our volunteers these programmes are now enriching lives, creating community cohesion and playing its part in a better future.



# 110 CHILDREN ATTEND VARIOUS TRIPS AS PART OF HAF PROGRAMME

It has been an action packed school holiday as 110 children took part in our Healthy Holidays Hull Activities and Food Programme, where each child received a free meal as part of the activities they attended.



The children had lots of fun and it's always great to introduce children and their families to new experiences and local establishments like Rock Up in St Stephens, Hull Karting and Hull Ice Arena.



For many children it was the first time they had been ice skating, indoor rock climbing or go karting.



# ANOTHER MONTH OF POSITIVES FOR OUR SUNDAYS BOYS LEAGUE TEAMS

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It has been a busy few months for our 5 Sunday Boys League teams with additional cup games taking place as we attended the winter break.

In December our Under 13s Peel Project Tigers made it through to semi finals of this seasons Under 13 Bridge Cup, a massive well done to the team.



In December our under 11's Peel Project Lions won four games in a youth winter football tournament at Soccer Kings and were semi finalists.



# JANUARY UPDATES

Our weekly youth programmes will recommence following the winter break as follows:

- Girls Youth Club: Saturday 11th January
- Youth Football Academy: Saturday 11th January
- Youth BJJ Sessions: Saturday 4th January
- Adults Indoor Football: Wednesday 8th January
- Ladies Befriending Session: Tuesday 7th January
- Adults BJJ Sessions: Sunday 5th January

**All children's, women's and men's gym and boxing sessions have stopped till further notice due to refurbishment work.**

## LADIES BLOOD PRESSURE CLINIC - Tues 28th January 2025

The Peel Project are collaborating with City Health Pharmacy to hold a Ladies Blood Pressure Clinic. The event will take place at our weekly Ladies Befriending Session at Springbank Community Centre from 12pm to 2.30pm.

As well as free blood pressure checks nurses and pharmacists will be available to share information of services that are available and to answer any health queries

**All children must be registered to take part in our youth activities and school holiday programmes**

Register by visiting:

<https://www.thepeelproject.org.uk/parental-consent-form>

